



8:45-10:00 am

**Registration/Vendor Fair/Breakfast  
Biometric Screenings**

Breakfast will be served and time to visit with vendors.  
Biometrics limited to 50 people

10:00-11:00 am

**Opening Remarks/Keynote Speaker**

Welcoa CEO - Speaker: Sarah Martin  
Employee well-being, inclusivity, combat burnout, quiet  
quitting, the great resignation

11:00-12:00 pm

**Speaker**

Speaker: TBA

12:00 12:45 pm

**Lunch /Networking/ Vendor Fair  
Biometric Reviews**

Lunch served and time to visit with vendors.

12:45- 1:15 pm

**Lunch and Presentation**

Innovative Benefit Planning -Tamalyn Wandler,  
Director of Compliance

1:15-2:00 pm

**Speaker Panel**

Speakers TBA

2:00-2:15 pm

**B R E A K**

2:15-3:15 pm

**Cultivating a Culture of Collective Well-Being**

Speaker: Alisha De Lorenzo, MS, LPC, NCC, SAC

3:15-3:30 pm

**Closing Remarks/Raffle Winners/Vendor Fair**

We will announce our raffle winners from the day.