

INNOVATIVE BENEFIT PLANNING PRESENTS

— INNOVATIVE'S —



WELL ★ BEING @ WORK
SUMMIT

May 16th ★ Philadelphia, PA ★ National Constitution Center



JOIN THE REVOLUTION IN WORKPLACE WELL-BEING

Dear friends,

Welcome to the fourth annual Wellness Summit hosted by Innovative Benefit Planning LLC.

The Innovative Workplace Well-being @ Work Summit is a training event dedicated to making workplaces healthier. This is the time to learn how to create an effective workplace that encourages growth and learning. Our summit will include helpful sessions and panels from industry thought leaders on topics such as creating a wellness program that engages your employees, finding ways to reduce employee burnout, and building a more inclusive work environment. Our goal is to equip employers with the knowledge and tools necessary to ensure a healthy and productive workplace.

We would like to congratulate all of you for coming together to learn, share, and explore the latest trends in workplace well-being.

We look forward to you learning from our keynote and panelists of industry thought leaders, as well as network with other employers who are in different phases of their workplace wellness journeys.

Please be sure to explore our health fair to learn about the latest resources to enhance employee health.

About Innovative Workplace Wellness

Innovative's workplace wellness assists employers in creating a culture of health. Our skilled wellness team works hand-in-hand with organizations to design and implement customized wellness programs that improve your population health and ultimately lower claims costs.

We help employers focus on each individual employee, guiding your team to effectively manage their own mental, physical, and emotional energy so your employees and your business thrive.

Warmly,



Innovative
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AGENDA

8:45 - 9:45 am

**Registration/Vendor Fair/
Breakfast/Biometric Screenings**

Breakfast will be served and time to visit with vendors. Biometrics limited to 50 people

9:45 - 10:00 am

Opening Remarks

Terriann Procida, CEO, and John Romaska, VP, Benefits Consulting, Innovative Benefit Planning and our Keynote Sponsor BPAS

10:00 - 11:00 am

Keynote Speaker

Speaker: Ryan Picarella, CEO, WELCOA

11:00 - 12:00 pm

Balancing Burnout

Speaker: Leah Marone, LCSW, MSW

12:00 - 12:45 pm

**Lunch/Networking/Vendor Fair/
Biometric Reviews**

Lunch served and time to visit with vendors.

12:45 - 1:15 pm

Lunch and Compliance Updates

Speaker: Tamalyn Wandler, JD, Director of Compliance, Innovative Benefit Planning

1:15 - 2:00 pm

**Building An Engaged Wellness
Program**

Speakers: Jeanne Anderson, Automated Financial Systems, Erica Brickus, Automated Financial Systems, Lauren Mazzotta, Yorktel, Pamela Collins, REV Creative Group, Ryan Picarella, WELCOA

2:00 - 2:15 pm

Break

2:15 - 3:15 pm

**Cultivating a Culture of Collective
Well-Being**

Speaker: Alisha De Lorenzo, MS, LPC, NCC, SAC

3:15 - 3:30 pm

**Closing Remarks/Raffle Winners/
Vendor Fair**

We will announce our raffle winners from the day.

4:00 - 7:00 pm

Happy Hour

Join us for happy hour at the Revolution House!

MEET OUR KEYNOTE SPEAKER



Ryan Picarella

“How to Lead with Intention & Influence”

Ryan Picarella is widely known for his thought leadership in organizational culture, wellbeing, and organizational human performance. As CEO of the Wellness Council of America, he has the privilege to work with numerous Fortune 500 companies and international communities to improve the health and wellbeing of all people. Picarella is a renowned keynote speaker who has been requested around the world. He currently serves as a senior fellow with WE in the Nation, focusing on well-being and equity around the world, a board director for the National Wellness Institute and founder of Conscious Disruption, a firm dedicated to personal and organizational transformation.

SPEAKER



Leah Marone, LCSW

Balancing Burnout

Leah Marone, LCSW, is a psychotherapist with over 20 years of experience based in Charlotte, NC. She has facilitated over 20,000 therapy sessions, writes for Psychology Today, and is an expert forum contributor for Newsweek. Leah was a former anxiety-ridden Division 1 basketball player which has led to her passion for working with athletes and coaches on combating pressure, impostor syndrome, perfectionism, and performance anxiety.

As a mental wellness consultant, Leah works with companies and nonprofits on topics such as; anxiety & stress, burnout, compassion fatigue, productivity, effective communication, and emotional intelligence. She offers a number of supportive services and fully assesses the company culture in order to meet an organization 'where they are' and address its needs. Her 5-step initiative not only reinforces the importance of mental health within an entire organization, but also identifies areas where growth and connection are needed to prevent high turnover, address burnout, and improve productivity.

Currently, she partners with Equitable and facilitates a three-part wellness series for teachers and administrators that focuses primarily on boundary setting and resilience for the Charlotte Mecklenburg School System in NC.

Outside of work, Leah enjoys traveling, hiking, exercising, and writing. She also loves being a coach for her daughter's club soccer team.

SPEAKER



Alisha DeLorenzo MS, LPC, NCC, SAC

Cultivating a Culture of Collective Well-Being

Alisha is a human connection expert working with individuals, communities and organizations across the globe to awaken their healing potential. Her experiences are rooted in the fields of education, wellness, mental health and social justice.

She works at the intersection of social emotional learning, trauma and healing centered practices, equity and justice and individual and collective well-being! In her role, she serves individuals and groups to access innate wisdom and community capacity through love, connection, belonging and healing to cultivate more inclusive places to live, work and grow.

Alisha has served in public education for nearly twenty years, was the Interim Deputy Director of NJ's largest LGBTQ+ organization, addressing workplace culture and innovation. She is also a Licensed Professional Counselor and has a degree in Health and Movement Sciences.

SPEAKER



Tamalyn Wandler, JD

Compliance Updates

As Director of Compliance, Tamalyn assists clients with their compliance auditing and educates them on the various federal and state regulations, assesses areas of weakness, determines potential liability, and provides tools to help the client avoid common pitfalls. In addition, her duties include developing, overseeing, and evaluating control systems, researching regulatory and legislative changes, and assisting with the drafting and distribution of Wrap SPDs for clients.

Tamalyn brings deep experience in the benefits compliance industry to Innovative. Before joining Innovative, she worked at Willis Tower Watson in the Health & Benefits Compliance practice. Tamalyn received two bachelor's degrees from Loyola University Chicago before obtaining her JD from DePaul University College of Law and her Master of Laws in Employee Benefits from the University of Illinois Chicago School of Law.

PANEL

Building An Engaged Wellness Program



Erica Brickus

Erica Brickus is the Director of Human Resources and the AFS Diversity, Equality, and Inclusion (DEI) officer. In the DEI capacity, Erica manages the company-wide initiative to develop and promote a diverse workplace through the development and implementation of all DEI initiatives.

She is responsible for the ongoing campaign to recruit, hire, and sustain a diverse workplace by designing company policies that reinforce AFS values and dedication to supporting DEI, including training hiring managers and HR staff on how to select, manage, evaluate, and retain diverse employees. She is also in charge of initial and ongoing training programs to educate employees on all kinds of harassment and protected minority groups.

As the Director of Human Resources, Erica is responsible for leading and managing activities to support the HRIS, payroll, benefits, wellness and employee engagement processes. She also oversees the daily office operations to ensure effective and efficient management.

Erica joined AFS in 1996 as an HR Assistant and has held various roles within Human Resources throughout her tenure.



Lauren Mazzotta

Lauren is the Human Resource Specialist at York Telecom Corporation (Yorktel), a leading Managed Collaboration Services Provider. As lead sponsor of wellness initiatives for Yorktel, Lauren develops, delivers, and encourages programs that foster physical and mental health across the globe.

Mazzotta is a Certified Professional from the Society of Human Resource Management (SHRM-CP) and holds a BS in Human Resources Management as well as Labor Employment Relations from Rutgers University-New Brunswick. Outside of work, Lauren volunteers with her local fire company and enjoys giving back to her community.



Ryan Picarella

Ryan Picarella is widely known for his thought leadership in organizational culture, wellbeing, and organizational human performance. As CEO of the Wellness Council of America, he has the privilege to work with numerous Fortune 500 companies and international communities to improve the health and wellbeing of all people.

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PANEL

Building An Engaged Wellness Program



Jeanne Anderson

As Managing Director of Human Resources and HIPAA Privacy Officer, Jeanne is responsible for providing strategic direction and leadership for all aspects of the human resources function. This includes partnering with the AFS strategic business units, leadership and career development, diversity, employee relations, recruiting, compensation, benefits, and payroll.

She has played a key role in initiatives to define the company's cultural values and increase employee and company engagement. Jeanne has also been a key stakeholder in the opening of our office in Brussels to ensure compliance with Belgium law.

As HIPAA Privacy Officer, Jeanne manages the policies and procedures pertaining to the access and use of protected health information (PHI), ensuring strict compliance by all personnel having access to PHI. In addition, she evaluates the methods and procedures used to retain and transfer PHI, detects security or other compliance risks, and advises modifications based on research.

A seasoned human resource professional, Jeanne has been with AFS for over 40 years and has provided leadership in overseeing Human Resources for the past 26 years.



Pamela Collins

Pamela Collins is an experienced brand builder with the drive, passion and skills needed to make visions come to life. As Founding Partner of REV Creative Group, a women-owned communications agency serving clients nationally, Pam combines her love for marketing with a sense of purpose. She strongly believes that authentic relationships and open communication are key to producing positive results.

With 20 years of experience and a master's degree in public relations, she is known for her expertise in strategic communications and ability to build brands from the ground up. In addition, Pam takes great pride in working with Human Resources teams through REV Talent to help companies create greater bonds with their employees. She feels that, "People are our greatest resource, not just the products and services we sell."

Prior to founding REV, Pam spent 13 years managing Communications and Development for one of the largest healthcare nonprofits in New Jersey. She led the organization through two complete re-brands in five years following multiple mergers and affiliations.

Pam gives back to the community by serving on the Board of the Burlington County Regional Chamber of Commerce and as a member of Impact 100 South Jersey, a women's collective giving organization.

WELLNESS SUMMIT RAFFLE GAME

Innovative Benefit Planning is happy to offer a friendly game to have some fun and win prizes. Compete with other attendees by filling up your bingo card to be entered into the raffle.

How to play:

1. Visit every vendor table during our health fair.
2. While at the table, the vendor will stamp your BINGO card.
3. Fill up your entire board, and write your name at the top.
4. Drop off your Bingo card at the raffle table.
5. Wait for your name to be called at the end when we announce raffle winners!



Prizes

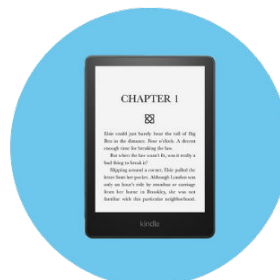
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Happy Hour



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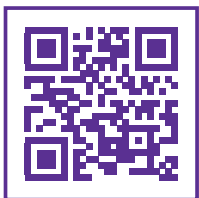


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We'd love to meet you!

Well-Being at Work Summit

May 16, 2023

9:00 AM - 3:00 PM

CHUBB

Julia George, (she/her)

Agency Director

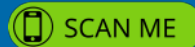
Philly Metro, SJ and Delaware

M: 267-858-1171

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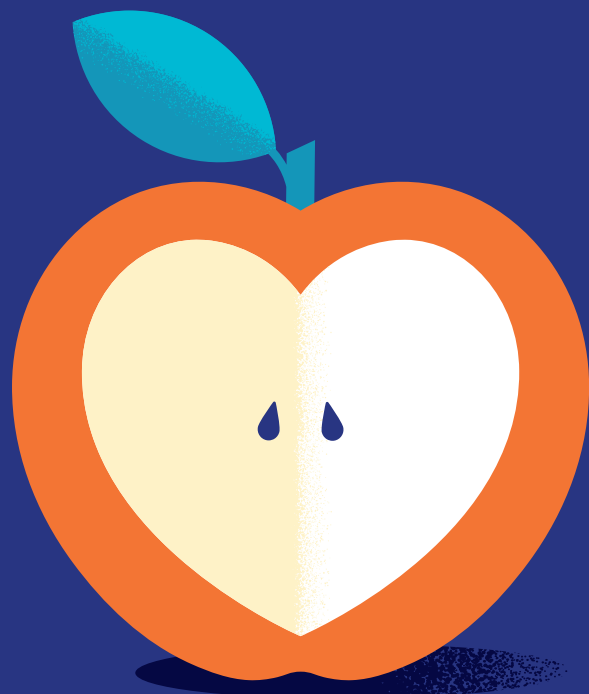
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CONTACT ME FOR MORE INFO: Diane Page, VP Voluntary Benefits | dianep@petbenefits.com

Your greatest asset is a healthy workforce.



AmeriHealth Administrators is proud to support Innovative's 3rd Annual Well-Being @ Work Summit. We recognize Innovative Benefit Planning for their commitment to enhancing employee health through healthier workplaces.





South Jersey Career Fair

1PM - 5PM

Tuesday, July 25th
Cherry Hill Mall Grand Court

Register at Inquirer.com/2023southjerseycareerfair

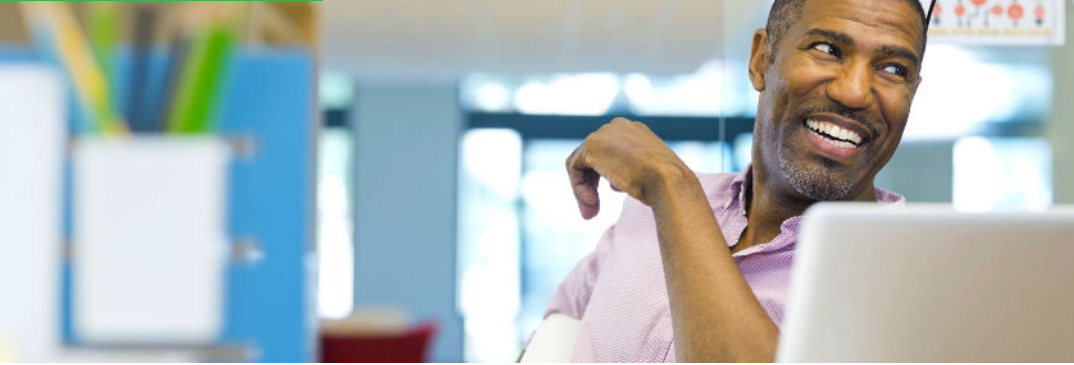
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